C.L. "BUTCH" OTTER - Governor RICHARD M. ARMSTRONG - Director DEBRA RANSOM, R.N.,R.H.I.T., Chief BUREAU OF FACILITY STANDARDS 3232 Elder Street P.O. Box 83720 Boise, ID 83720-0036 PHONE 208-334-6626 FAX 208-364-1888

CERTIFIED MAIL: 7005 1160 0000 1506 9001

September 12, 2008

Monica Brutsman, Administrator Trinity Mission Health & Rehab of Holly, LP 2105 Twelfth Avenue Road Nampa, ID 83686

Provider #: 135094

Dear Ms. Brutsman:

On September 2, 2008, a Complaint Investigation survey was conducted at Trinity Mission Health & Rehab of Holly, LP by the Bureau of Facility Standards/Department of Health & Welfare to determine if your facility was in compliance with State Licensure and Federal participation requirements for nursing homes participating in the Medicare and/or Medicaid programs. This survey found that your facility was not in substantial compliance with Medicare and Medicaid program participation requirements. This survey found the most serious deficiency to be one that comprises a pattern that constitutes no actual harm with potential for more than minimal harm that is not immediate jeopardy, as documented on the enclosed CMS-2567, whereby significant corrections are required.

Enclosed is a Statement of Deficiencies/Plan of Correction, CMS Form 2567, listing Medicare/Medicaid deficiencies, and a similar State Form listing licensure health deficiencies. In the spaces provided on the right side of each sheet, answer each deficiency and state the date when each will be completed. Please provide ONLY ONE completion date for each Federal/State Tag in column X5 (Complete Date), to signify when you allege that each tag will be back in compliance. NOTE: The alleged compliance date must be after the "Date Survey Completed" (located in field X3) and on or before the "Opportunity to Correct" (listed on page 2). After each deficiency has been answered and dated, the administrator should sign both the CMS Form 2567 and State Statement of Deficiencies, in the spaces provided, and return the originals to this office.

Your Plan of Correction (PoC) for the deficiencies must be submitted by **September 25, 2008**. Failure to submit an acceptable PoC by **September 25, 2008**, may result in the imposition of civil monetary

Monica Brutsman, Administrator September 12, 2008 Page 2 of 3

penalties by October 15, 2008.

Your PoC must contain the following:

- What corrective action(s) will be accomplished for those residents found to have been affected by the deficient practice;
- How you will identify other residents having the potential to be affected by the same deficient practice and what corrective action(s) will be taken;
- What measures will be put into place or what systemic changes you will make to ensure that the deficient practice does not recur;
- How the corrective action(s) will be monitored to ensure the deficient practice will not recur, i.e., what quality assurance program will be put into place; and,
- Include dates when corrective action will be completed.

All references to federal regulatory requirements contained in this letter are found in *Title 42, Code of Federal Regulations*.

Remedies will be recommended for imposition by the Centers for Medicare and Medicaid Services (CMS), if your facility has failed to achieve substantial compliance by October 7, 2008 (Opportunity to Correct). Informal dispute resolution of the cited deficiencies will not delay the imposition of the enforcement actions recommended (or revised, as appropriate) on October 7, 2008. A change in the seriousness of the deficiencies on October 7, 2008, may result in a change in the remedy.

The remedy, which will be recommended if substantial compliance has not been achieved by October 7, 2008 includes the following:

Denial of payment for new admissions effective December 2, 2008. [42 CFR §488.417(a)]

If you do not achieve substantial compliance within three (3) months after the last day of the survey identifying noncompliance, the CMS Regional Office and/or State Medicaid Agency must deny payments for new admissions.

We must recommend to the CMS Regional Office and/or State Medicaid Agency that your provider agreement be terminated on March 2, 2009, if substantial compliance is not achieved by that time.

Please note that this notice does not constitute formal notice of imposition of alternative remedies or termination of your provider agreement. Should the Centers for Medicare & Medicaid Services determine that termination or any other remedy is warranted, it will provide you with a separate formal notification of that determination.

Monica Brutsman, Administrator September 12, 2008 Page 3 of 3

If you believe these deficiencies have been corrected, you may contact Loretta Todd, R.N. or Lorene Kayser, L.S.W., Q.M.R.P., Supervisors, Long Term Care, Bureau of Facility Standards, 3232 Elder Street, PO Box 83720, Boise, ID 83720-0036, Phone #: (208) 334-6626, Fax #: (208) 364-1888, with your written credible allegation of compliance. If you choose and so indicate, the PoC may constitute your allegation of compliance. We may accept the written allegation of compliance and presume compliance until substantiated by a revisit or other means. In such a case, neither the CMS Regional Office nor the State Medicaid Agency will impose the previously recommended remedy, if appropriate.

If, upon the subsequent revisit, your facility has not achieved substantial compliance, we will recommend that the remedies previously mentioned in this letter be imposed by the CMS Regional Office or the State Medicaid Agency beginning on **September 2**, 2008 and continue until substantial compliance is achieved. Additionally, the CMS Regional Office or State Medicaid Agency may impose a revised remedy(ies), based on changes in the seriousness of the non-compliance at the time of the revisit, if appropriate.

In accordance with 42 CFR §488.331, you have one opportunity to question cited deficiencies through an informal dispute resolution process. To be given such an opportunity, you are required to send your written request and all required information as directed in Informational Letter #2001-10. Informational Letter #2001-10 can also be found on the Internet at:

http://www.healthandwelfare.idaho.gov/ Rainbow/Documents/medical/2001 10.pdf
http://www.healthandwelfare.idaho.gov/ Rainbow/Documents/medical/2001 10 attach1.pdf
http://www.healthandwelfare.idaho.gov/ Rainbow/Documents/medical/2001 10 attach2.pdf

This request must be received by **September 25, 2008**. If your request for informal dispute resolution is received after **September 25, 2008**, the request will not be granted. An incomplete informal dispute resolution process will not delay the effective date of any enforcement action.

Thank you for the courtesies extended to us during the survey. If you have any questions, please contact us at (208) 334-6626.

Sincerely,

LORETTA TODD, R.N.

Supervisor

Long Term Care

LT/dmj

Enclosures

C.L. "BUTCH" OTTER - Governor RICHARD M. ARMSTRONG - Director DEBRA RANSOM, R.N.,R.H.I.T., Chief BUREAU OF FACILITY STANDARDS 3232 Elder Street P.O. Box 83720 Boise, ID 83720-0036 PHONE 208-334-6626 FAX 208-364-1888

October 14, 2008

Monica Brutsman, Administrator Trinity Mission Health & Rehab of Holly, LP 2105 Twelfth Avenue Road Nampa, ID 83686

Provider #: 135094

Dear Ms. Brutsman:

On **September 2, 2008**, a Complaint Investigation and State Licensure was conducted at Trinity Mission Health & Rehab of Holly, LP. Marcia Key, R.N. and Arnold Rosling, R.N., Q.M.R.P. conducted the complaint investigation. A total of 14 survey hours were required to complete the investigation.

An immediate tour of the facility was conducted to observe residents for visible bruising and for possible indications of pain.

The following documentation was reviewed:

- Incident/Accident reports and grievances from June through August 2008;
- Resident Council minutes for June and July 2008;
- Seven residents' records including the identified resident;
- The facility's policies/procedures on MD Notification, Accidents and Incidents and Rules for faxing MD.

Five residents and seven staff members were interviewed, including the administrator, Director of Nursing, wound care nurse and a physical therapist. The ombudsman and one of the complainants were interviewed by phone.

The complaint allegations, findings, and conclusions are as follows:

Complaint #ID00003703

Monica Brutsman, Administrator October 14, 2008 Page 2 of 3

ALLEGATION #1:

The complainant stated an identified resident sustained a fall in the facility on or around July 17, 2008, which resulted in bruising to the left side of her face, a cut over her left eye, blurred vision and left side pain.

FINDINGS:

The facility's Incident Report, dated/timed July 16, 2008, 6:25 p.m., documented the identified resident sustained a fall after attempting to ambulate in her room without the assistance of her walker or staff members. A nurse who determined the resident had full range of motion of her extremities without any guarding or grimacing during the examination immediately assessed her. The resident sustained a small cut on her left eyebrow and a small hematoma above her left eyebrow that caused discomfort when the nurse touched the area during the examination.

The Neurological Assessment form documented the licensed staff members performed neurological assessments every fifteen minutes for the first hour after the fall, hourly for the next two hours, and then every four hours through July 17, at 5:30 p.m. Her neurological status remained within her normal limits.

The Pain Management form documented the resident routinely received the pain medication, Norco, for "general and back pain" since the day of admission to the facility. After the fall, she continued to receive the scheduled medication for the "general and back pain."

There was no documented evidence the resident requested or required more frequent or more effective pain management during the reminder of her stay in the facility.

There was also no documented evidence the resident had any changes in her vision after the fall.

CONCLUSIONS:

Unsubstantiated. Lack of sufficient evidence.

ALLEGATION #2:

The complainant stated that after an identified resident fell in the facility that resulted in injuries, the responsible party was not notified until the following day.

FINDINGS:

Review of the identified resident's record and Incident Report revealed that neither the treating physician nor the responsible party was immediately notified after the resident sustained a fall in the facility.

The facility sent faxed assessment findings to the office of one physician on July 16, and a second physician on July 17, 2008, however, the facility did not ensure the physicians actually received the

Monica Brutsman, Administrator October 14, 2008 Page 3 of 3

faxed documentation.

The facility was cited at federal regulation F157 for this deficient practice.

CONCLUSIONS:

Substantiated. Federal and State deficiencies related to the allegation are cited.

ALLEGATION #3:

The complainant stated that after an identified resident fell in the facility sustaining facial bruising, a cut over her left eye, and blurred vision, she was not immediately sent to an Emergency Room or seen by her treating physician.

FINDINGS:

Review of the identified resident's record revealed the resident did not sustain any serious injuries that required an immediate evaluation by a physician. The facility's licensed nurses closely monitored the resident.

The resident's record documented the facility was in contact with the physician regarding other medical concerns for which the resident was scheduled to be seen by the physician on August 18, 2008.

CONCLUSIONS:

Unsubstantiated. Lack of sufficient evidence.

Based on the findings of the complaint investigation, deficiencies were cited and included on the survey report. No response is necessary to this complaint report, as it will be addressed in the Plan of Correction.

If you have questions or concerns regarding our investigation, please contact us at (208) 334-6626. Thank you for the courtesy and cooperation you and your staff extended to us in the course of our investigation.

Sincerely,

LORENE KAYSER, L.S.W., Q.M.R

Supervisor Long Term Care

LKK/dmj

PRINTED: 09/11/2008 FORM APPROVED OMB NO. 0938-0391

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F 000	INITIAL COMMEN	rs	F0	00	
F 157 SS=E	The surveyors condominated Marcia Key, RN, BS Arnold Rosling, RN Survey Definitions: MDS = Minimum DRAP = Resident Ass DON = Director of LN = Licensed Nurs CNA = Certified Nu ADL = Activities of MAR = Medication 483.10(b)(11) NOT A facility must immediate consult with the resident involving transparent injury and has the printervention; a significantly (i.e., a existing form of treatment); or a decident from the \$483.12(a).	ducting the survey were: SN, WOCN , QMRP ata Set assessment seessment Protocol sessment Instrument Nursing se irse Aide	F 1	Trinity Mission Health & Re of Holly, L.P. Preparation and/or execution o of correction does not constitute or agreement by the provider o of the facts alleged or of the conforth in the statement of deficienci of correction is prepared and/or Solely because it is required by the of the Federal and State I	f this plan admission f the truth clusions set es. The plan executed. ne provision
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Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14

other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F 157	or interested family change in room or specified in §483.1 resident rights under regulations as specifies section. The facility must rethe address and phase and representative	resident's legal representative member when there is a roommate assignment as 15(e)(2); or a change in er Federal or State law or cified in paragraph (b)(1) of cord and periodically update none number of the resident's er or interested family member.	F	157			
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F 157	documentation. Sh provided a copy of 7/2/08, that pertains notified of her Medi documented in part [patient] is her own The Administrator of documented evider she did not wish he event of an accider As of 9/5/08 this do received by the BF. The DON was agai pm. She provided the MD. The form was when the procedure implemented. She facility in September rules for faxing, "so procedure directed "3. Report to the faxed. 4. Document in the what time and if this you were requesting were presenting round DOCUMENT IN THYOU FAX A DOCT 5. If what you have an immediate responsand verify that the fithe MD will actually when you call and the Fax follow-up: 1. Check for return	cortly later the Administrator a social service note, dated ed to the resident being care benefits. The note is, "Explained to fam[ily] that pt decision maker." I was asked to provide the that the resident specified in the end of the facility of the occurrence in the facility. I cumentation had not been solved. She was asked to was written and endicated she came to the er 2006 and developed the metime shortly after that." The in part: I concoming shift what you have nurses notes WHO you fax, is was an urgent matter and grimmediate attention or if you utine information. YOU MUST IE NURSES NOTES WHEN OR. It is say to the doctor requires onse, you must call the office ax has been received and that address it. Again, document on quest' and write the date and	F	157			

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F 157	2. Call the office an speak when you as 3. If you cannot get please notify the All that we may help you after the exit confe approximately 5:30 acknowledged that (F157) requirement facility. She stated, are missing." 2. Resident #2 was 5/17/07, with diagnomellitus, congestive depression. An Incident Report, documented that as resident in the bath "buckled" and she I The nature of the ir documented a family however, there was notification. The nurses note do 0900 [9:00 am] Yes [Resident] was attentioleted when knees swelling or redness MD notified" The document that the following the speak when the second in the second	d document with whom you k for a response to the fax. a response from an MD DON [Assistant] or the DON so bu." rence on 9/2/08 at pm, the Administrator part of the federal regulation twas not being met in the "Pieces of the reg [regulation] admitted to the facility on oses which included Diabetes heart failure, arthritis, and dated 6/23/08 at 10:30 am, as a CNA was assisting the room, the resident's knees bumped her head on the wall. Injury was a "bump." The report lily member was notified, as no date or time of the occumented, "Late entry 6/24/08 sterday [around] 1030 [on] 6/23 mpting to stand from being as 'buckled'no skin break, no as No c/o [complaint of] pain. In a nurses note did not family member was notified.	F	157			
		s admitted to the facility on noses which included					

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F 157	Alzheimer's diseas and depression. An Incident Report documented the reskin tear to her right inch in length. The the family member following day on 7/documented the treon 7/15/08, no time recorded. The fax communication physician signed the wrote, "noted." This incident. The Administrator regarding the facility documentation to the Incident Report word 'faxed' to the asked to provide donotes that the treat As of 9/5/08, no fur received by the BF 4. Resident #4 was 6/23/08 with diagnoreskin to the resident was 6/23/08 with diagnoreskin terms and the re	e, hypertension, osteoporosis, dated 7/15/08 at 3:15 pm, sident was found to have a at forearm approximately one Incident Report documented was not notified until the 16/08 at 11:00 am. The report eating physician was notified or method of notification was ation form documented the fe fax report on 7/22/08, and s was seven days after the was interviewed at 3:40 pm by's practice of faxing the physician. She stated, "In the unless the nurse writes in the MD, the MD is called. She was becumentation in the nurses ing physician had been called. Ther documentation had been S. Is admitted to the facility on the poses which included diabetes	F	157	DEFICIENCY)		
	An Incident Report documented the re "slight red discolor right forearm. The documented the tre on 7/17/08 at 10:00	ion, arthritis, and hip fracture. , dated 7/16/08 "prior to lunch," sident was found to have a ation over large area" to her Notification section eating physician was notified am, no method of notification Family section contained the					

	FOF DEFICIENCIES OF CORRECTION				3) DATE SURVEY COMPLETED		
		135094	B. WII	IG		1	2/2008
	ROVIDER OR SUPPLIER	REHAB OF HOLLY		210	ET ADDRESS, CITY, STATE, ZIP CODE 05 12TH AVENUE ROAD MPA, ID 83686		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES 'MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREF TAG		PROVIDER'S PLAN OF CORREC (EACH CORRECTIVE ACTION SHO CROSS-REFERENCED TO THE APPR DEFICIENCY)	ULD BE	(X5) COMPLETION DATE
F 157	word "self." On 9/2/08 at approx Administrator was a documentation that family/responsible pevent of an incident documentation had The resident's recocommunication for 7/17/08, no time reresident had a "red forearm - 3 1/2" x 2 included a physicial dated 7/1/08 (date entry, "OK." The forhandwritten entry, "The nurses notes, documented, "[Tread bruise" The meth identified. The facility failed to ensure the treating families/responsible documented in the second consuments of the second co	ximately 5:00 pm, the asked to provide the resident requested party not be notified in the tracident. As of 9/5/08, no been received by the BFS.	F	157			

Ftag 157 E Notification of changes

A facility must immediately inform the resident; consult with the resident's physician; and if known, notify the resident's legal representative or an interested family member when there is an accident with injury, significant change, a need to alter treatment significantly, and transfer or discharge from the facility.

Corrective action for those residents effected.

- Resident # 1 has discharged from the facility.
- Resident # 2 residents family was re notified of incident on 9-16-08
- Resident #3 resident's family was notified on 7-16-08
- Resident #4 resident's record was updated to accurately reflect notification of physician and family.

Plan to identify other residents that have the potential to be effected.

• Residents that reside in the facility and experience a significant change of condition, accident with injury, or discharge from the facility have the potential to be effected.

Systemic changes and monitoring to ensure continued compliance

- On 9-11-08 Licensed staff were re-inserviced on regulation F157.
- Licensed staff re-inserviced 9-11-08 on Informational Letter #2000-01 regarding fax notification of Physicians.
- Unit Managers and DNS will audit Incident/Accident reports after Stand-Up meeting during daily PAR to monitor for appropriate and timely notification of resident, physician, and family member.
- Random chart reviews of residents that have experienced a change, that meet the regulations requirement for notification, will be conducted by ADNS to monitor for compliance, and reviewed in facility PAR meeting.

Monitoring of action/quality assurance program

- Results of audits performed by Unit Managers and DNS will be reported to the Facility Practices Review, Monthly x 3 months then quarterly there after, for review and forwarded to Quality Assurance Committee for further recommendations.
- Results of random chart reviews conducted during facility PAR meeting will be reported to Facility Practices Review Monthly x 3 months then quarterly there after, for review and forwarded to Quality Assurance Committee for further recommendations.
- Unit Managers and DNS responsible for on going monitoring.

Date of Compliance 9-16-08

PRINTED: 09/11/2008 FORM APPROVED Bureau of Facility Standards (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION (X1) PROVIDER/SUPPLIER/CLIA COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING B. WING 09/02/2008 135094 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 2105 12TH AVENUE ROAD TRINITY MISSION HEALTH & REHAB OF HOLI NAMPA, ID 83686 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETE (X4) ID (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PRÉFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG **DEFICIENCY**) C 000 C 000 16.03.02 INITIAL COMMENTS The Administrative Rules of the Idaho Department of Health and Welfare, Skilled Nursing and Intermediate Care Facilities are found in IDAPA 16, Title 03, Chapter 2, The following deficiency was cited during a complaint investigation of your facility. The surveyors conducting the survey were: Marcia Key, RN, BSN, WOCN Arnold Rosling, RN, QMRP Survey Definitions: RECEIVED MDS = Minimum Data Set assessment RAP = Resident Assessment Protocol SEP 2 3 2008 RAI = Resident Assessment Instrument DON = Director of Nursing LN = Licensed Nurse FACILITY STANDARDS CNA = Certified Nurse Aide

kin, or sponsor, in the event of a significant change in a patient's/resident's status. This Rule is not met as evidenced by: Please refer to F 157 as it addresses the facility's failure to ensure the treating physicians and residents' families/responsible parties were immediately notified after accidents involving residents in the facility.

ADL = Activities of Daily Living

C 155 02.100.08 NOTIFICATION OF CHGE

08. Notification of Change in Patient/Resident Status. There shall be written policies and procedures

relating to notification of next of

PTNT/RSDNT STATUS

MAR = Medication Administration Record

Trinity Mission Health & Rehab.

see attached P.U.C. For

Ftag 157

of Holly, L.P. Preparation and/or execution of this plan of correction does not constitute admission or agreement by the provider of the truth of the facts alleged or of the conclusions set forth in the statement of deficiencies. The plan of correction is prepared and/or executed. Solely because it is required by the provision of the Federal and State Law.

Bureau of Facility Standards

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

(X6) DATE

9-16-08

C 155

PRINTED: 09/11/2008 FORM APPROVED

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION COMPLETED IDENTIFICATION NUMBER: A. BUILDING B. WING _ 135094 09/02/2008 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 2105 12TH AVENUE ROAD TRINITY MISSION HEALTH & REHAB OF HOLI NAMPA, ID 83686 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE DATE (X4) ID (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PRÉFIX PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY)

Bureau of Facility Standards

Bureau of Facility Standards